



# PINNACLE BUILDING SERVICES

## COVID-19: We are here to support your business

As the COVID-19 outbreak continues to evolve, we want to reassure you that PINNACLE is doing everything we can to support you through this difficult time. We are taking added precautions to keep our clients and employees safe. This is our number one priority.

### **We're here to support you and your business.**

We're open, available, and here 24/7 to help you carry out your business activities, ensuring that you have access to safe, secure and sanitized work environment.

Pinnacle is committed to educating our cleaners about preventative measures they need to take to protect the health and safety of our clients and themselves.

As there is yet no vaccine to prevent COVID-19, the best way to prevent the illness is to avoid being exposed to the virus. We have asked our cleaners to adhere to the following protocols:

- Practice social distancing by keeping a minimum distance of 2m from everyone they come in contact with.
- Wash their hands with soap and water for at least 20 seconds. If no soap and water are available, use an alcohol-based hand sanitizer. Wash your hands after blowing your nose, coughing, or sneezing, after using the rest room, before eating or preparing food, after contact with animals or pets, and after being in a different environment.
- Avoid touching eyes, nose, or mouth with unwashed hands.
- Avoid all non-essential travel. If possible, limit the use of public transit.
- Cover your mouth and nose with tissue when you cough or sneeze or use the inside of your elbow. Throw used tissue in the garbage.



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- Use personal protective equipment, as directed.
- Avoid handshakes.
- Stay home, if you are sick. Notify your supervisor and seek medical attention if needed. Watch for symptoms such as fever, coughing or difficulty breathing.

Frequently touched surfaces are most likely to be contaminated. Therefore, in addition to regular cleaning, all our cleaners have been sanitizing and disinfecting high-touch surfaces with disinfectants and diluted bleach on a daily basis since the outbreak of COVID-19 contagion. High-touch points include:

- Doorknobs/ Handles, Entry/ Exit doors, Bathroom fixtures and counters, Kitchen faucets, counters, fridge and microwave handles, Phone handles, Elevator buttons, Service counters, Workstations ,Light Switches and Staircase handles

Pinnacle will continue to monitor recommendations by our federal, provincial, and local health authorities and will provide ongoing updates as needed. We encourage our clients and employees to stay informed through Govt. Of Canada and WHO websites:

<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>